

SELF-PROTECTION, EASE AND FRUITION



LUNAR
PHASE
PROMPT



1st QUARTER
MOON

The reason
(trigger &
motivation)
behind blocking
is to alleviate
fear.

THE ARTIST'S WAY BY JULIA CAMERON

SELF-PROTECTION, EASE AND FRUITION



LUNAR
PHASE
PROMPT



FULL
MOON

Knowing yourself
as an artist means
acknowledging what
you are using when
you want to block
yourself.

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LUNAR
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3rd QUARTER
MOON

Let us concern
ourselves first
and foremost with
what it is within
us that is
struggling
to be born.

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LUNAR
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PROMPT



NEW
MOON

What do you plan
to do about the
habit or problem
of your block?

What is your
payoff in holding
on to this block?

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